

SHAH MODIFIED BARTHEL INDEX (RECOMMENDED ASSESSMENT TOOL)		
Name:	NRIC :	
	Date :	
<input type="checkbox"/> Full-Time Healthy Caregiver <input type="checkbox"/> Part-Time Caregiver (i.e. working) <input type="checkbox"/> Full-Time Frail Caregiver <input type="checkbox"/> No Caregiver		
Functional Assessment Index	Score	Remarks/Actions
BOWEL CONTROL (Preceding week)		
Continent	10	
Occasional accident (once a week)	5	
Incontinent (or need to be given enemas)	0	
BLADDER CONTROL (Preceding week)		
Continent	10	
Occasional accident (once per 24 hours)	5	
Incontinent or catheterized and unable to manage	0	
PERSONAL HYGIENE (Preceding 24 – 48 hours)		
Independent	5	
Need help	0	
TOILET USE		
Independent	10	
Needs some help	5	
Dependent	0	
FEEDING		
Independent	10	
Need help	5	
Unable	0	
TRANSFER (from bed to chair and back)		
Independent	15	
Minor help (verbal or physical)	10	
Major help (one or two persons physical) can sit	5	
Unable, no sitting balance; need two people to life	0	
MOBILITY		

ANNEX A

Independent but may make use of a walking aid	15							
Walks with the help of one person (verbal or physical)	10							
Wheelchair independent	5							
Immobile	0							
DRESSING								
Independent (Including buttons zips laces etc)	10							
Needs help but can do about half unaided	5							
Dependent	0							
STAIR								
Independent up and down; must carry any walking aid used to be independent.	10							
Needs help (Verbal physical carrying aid)	5							
Unable	0							
BATHING								
Independent; must get in and out unsupervised and wash self	5							
Dependent	0							
Comments:								
Name & Designation of Staff:	Signature:							
<ul style="list-style-type: none"> This should record what the client does rather than what they could be. The need to supervision indicates that client is not independent. Answers should be based on the best available evidence but direct observation is not required. Client who is unconscious is scored "0" throughout even if not yet incontinent. Use of aid to be independent is allowed. Maximum score is 100; low scores on individual items highlight areas of need. 								
<table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Total Dependency = 0-24</td> <td style="width: 33%;">Severe Dependency = 25-49</td> <td style="width: 33%;">Moderate Dependency = 50-74</td> </tr> <tr> <td>Mild Dependency = 75-90</td> <td>Minimal Dependency = 91-99</td> <td>Independent = 100</td> </tr> </table>			Total Dependency = 0-24	Severe Dependency = 25-49	Moderate Dependency = 50-74	Mild Dependency = 75-90	Minimal Dependency = 91-99	Independent = 100
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